

Events

Event	Description	Venue	Date/s	Time/s
Seniors Week Gala Concert	<p>The Premier's Gala Concerts showcase some of Australia's greatest entertainers to celebrate NSW seniors.</p> <p>Taking the stage at the 2025 Seniors Festival Premier's Gala Concerts: Rob Mills, Todd McKenney, Prinnie Stevens and Tarryn Stokes.</p> <p>Come along to Goonellabah Library to watch the live-streamed concert and indulge in (non-alcoholic) wine, cocktails and grazing platters. In keeping with the theme, it is also your time to shine - you are invited to come along dressed in your party attire.</p>	<p>Goonellabah Community Centre</p> <p>27 Oliver Avenue Goonellabah</p>	Thursday, 13 March	2.45pm – 4pm
Wilsons River Riverbank Nature Walk	A gentle walk along the Wilsons River riverbank walking track in Lismore, exploring nature connection, riverbank restoration and stabilization, subtropical rainforest and floodplain forest ecology and Landcare. Walk length ~2km on gently sloping, fully accessible formed pathways. Light refreshments provided at end of walk.	<p>Meet location: Interpretive sign shelter near BBQs at Riverside Park, off Victoria St Lismore. Walk to Albert Park Baseball Complex (approx. 2 km one way, return walk at own pace or arrange own pick up).</p>	Friday, 14 March	9am – 11.30am
Afternoon Tea at the Movies	<p>Join us at Goonellabah Library for a screening of the film The Best Exotic Marigold Hotel followed by an Indian-influenced afternoon tea.</p> <p>The film will start at 1.30pm followed by afternoon tea at 3.30pm.</p>	<p>Goonellabah Library</p> <p>27 Oliver Ave, Goonellabah</p>	Friday, 14 March	1.30pm – 4pm
Come and Try: Lawn Bowls	Participants will be paired with a member/coach of the Club and given directions and training in lawn bowls. Includes BBQ lunch and refreshments.	<p>Lismore City Bowling and Recreation Club</p> <p>171A Molesworth St, Lismore.</p>	Saturday, 15 March	Midday – 4pm

All events are free.
Events are open to people 55 years and over.

To book your place please contact us:
Call: (02) 6625 0500
Email: contact.centre@lismore.nsw.gov.au
Visit: 43 Oliver Avenue, Goonellabah NSW 2480
Online: lismore-events.bookable.net.au

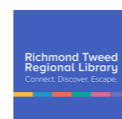
Lismore's 2025 Seniors Festival

3-15 March

Time to Shine



Proudly supported by:



Proudly funded by:



Scan the QR Code to view the program online

Events

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Dance at Any Age	Enjoy this immersive dance class that focuses on physical expressiveness to connect the mind and body.	The Quad 11 Rural Street, Lismore	Monday, 3 March	9am – 10am
Make your own history archive	Local historian Adele Wessell will teach you how to start your own personal digital archive. Learn to organise, manage and preserve your own history. The workshop will also include how to care for and digitise paper documents.	Goonellabah Library 27 Oliver Ave, Goonellabah	Tuesday, 4 March	10am – 11am
Crafty Seniors	Enjoy craft displays and discussion with our talented craft group. Morning tea provided.	Goonellabah Community Centre 27 Oliver Ave, Goonellabah	Wednesday, 5 March	9.30am – 12.30pm
Come and Try: Lawn Bowls	Come and try a shortened version of Lawn Bowls game, led by experienced Lady Bowlers. Participants can enjoy the experience of Bowls while fostering a sense of community and friendship. Morning tea provided.	Lismore Heights Sports Club 181A High St, Lismore Heights	Thursday, 6 March	10am – 11.30am
Writing Workshop: Writing your life story for your family	Are you ready to share the unique and inspiring stories of your life with your loved ones? Join us for a special two-hour writing workshop designed specifically for seniors who want to preserve their memories and experiences for future generations. Morning tea provided.	Goonellabah Library 27 Oliver Ave, Goonellabah	Thursday, 6 March	10am – midday
Come and Try: Softball	Come and try a social mixed modified game of softball that will allow participants to try batting and fielding. Participants will learn foundational rules. BBQ and refreshments provided.	Albert Park 345 Keen Street East Lismore	Friday, 7 March	6pm – 7pm
Fit & Fab, Eat & Gab	Come and enjoy a fun way to exercise while getting to know others by participating in games such as Fitgo (Bingo + an activity), a low impact exercise circuit and musical workout chairs! Activities will be followed by food, drinks and a short interaction on healthy living by our friendly gym staff.	Goonellabah Sports & Aquatic Centre 1 Wallerawang Dr, Goonellabah	Friday, 7 March	10.30am – midday
Intergenerational Storytime	A story time session including the community and invited pre-school and aged-care participants. Classic stories, songs, crafts, and games. Morning tea provided.	Goonellabah Community Centre 27 Oliver Ave, Goonellabah	Friday, 7 March	10am – midday

Event	Description	Venue	Date/s	Time/s
Aqua	Join us for a refreshing aqua class in the 25m pool, where fitness meets fun. Morning tea provided.	Lismore Memorial Baths 179 Molesworth St, Lismore	Monday, 10 March	8am – 10am
Dance at Any Age	Enjoy this immersive dance class that focuses on physical expressiveness to connect the mind and body.	The Quad 11 Rural Street, Lismore	Monday, 10 March	9am – 10am
Art with Aunty Jenny	Create something beautiful with your hands at this free art class held by Aunty Jenny Smith. Tea and coffee provided, with a wet weather option inside the Lismore Regional Gallery.	The Quad 11 Rural Street, Lismore	Tuesday, 11 March	10am – 11.30am
Park Fit	Enjoy a social morning at Kadina Park learning simple exercises and how to use the fitness equipment under the guidance of a personal trainer. Beginners welcome. Morning tea provided.	Kadina Park Goonellabah	Tuesday, 11 March	9.30am – 11am
Gather and Move	Northern NSW Local Health are pleased to showcase a dance class with falls prevention moves, as well as information regarding Healthy Aging program offerings. All abilities welcome. Afternoon Tea provided.	Goonellabah Sports & Aquatic Centre 1 Wallerawang Dr, Goonellabah	Wednesday, 12 March	1pm – 3pm
Sharp Minds Social Trivia Night	Join us for a night of fun and friendly competition at our Sharp Minds Social Trivia Night! Make new connections, share laughs, and sharpen your mind. Fuel your intellect with food and drink available for purchase throughout the evening.	East Lismore Bowling Club 76 Nielson Street, Lismore	Wednesday 12 March	5.30pm – 8pm
Come and Try: Croquet	Join a fun-filled introduction to Croquet where you'll learn the ins and outs of this classic game with welcoming members eager to share their passion. This event will be followed by a light lunch.	Lismore Croquet Club 163 Molesworth St, Lismore	Thursday, 13 March	8.30am – midday
Come and Try: Table Tennis	Enjoy the sport of table tennis under the guidance of an accredited coach and friendly club members. Morning tea provided.	Far North Coast Table Tennis 202 Oliver Avenue, Lismore	Thursday, 13 March	9am – midday