

# Know your neighbours

Your neighbours could provide assistance when you need it most.

Making a connection with your neighbours before a disaster happens can reduce stress and improve everyone's safety and wellbeing.

## Meeting your neighbour

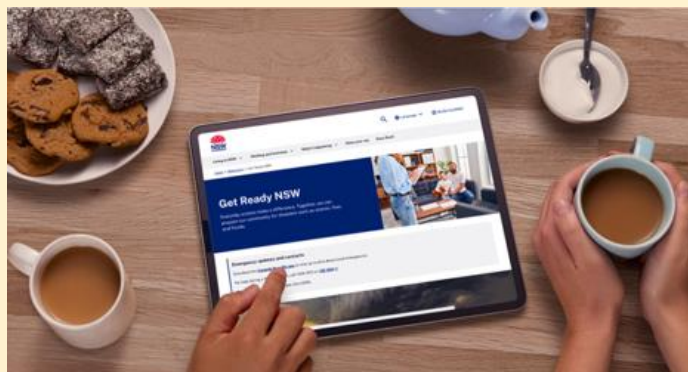
Knocking on a neighbour's door and introducing yourself is a great way to start building connections.

When meeting your neighbours and others in your local area, share the contact details below so they can easily contact you.

- Name
- Address
- Phone number

Alternatively, if you don't feel comfortable approaching your neighbour directly, write down your details and drop it in your neighbour's letterbox to start the conversation.

Regularly checking in, especially after bad weather, is a valuable way to offer support and ensure the safety of those around you.



## Sharing information and resources

Sharing information and resources with your neighbours can make a significant difference in both your safety and theirs. Here is a list of resources that can help you and your neighbours to know what you can share, and ways that you can help each other, if disaster strikes

- Radio
- Hose
- Blankets
- Pantry items and food
- First aid supplies
- Land, garage, shelter and other storage spaces
- Help with relocating pets and livestock

**Being prepared is in your hands.**



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