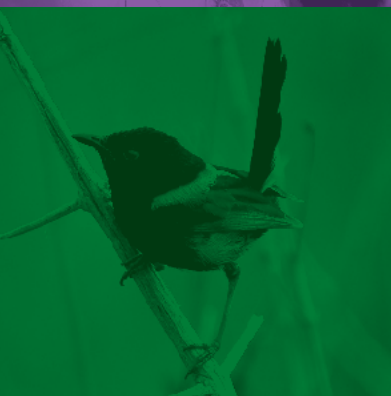




# LOCAL MATTERS

LISMORE CITY COUNCIL NEWS  
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[WWW.LISMORE.NSW.GOV.AU](http://WWW.LISMORE.NSW.GOV.AU)



# EXPLORE THE RAINFOREST WITH BIG SCRUB DAY ACTIVITIES

The 19th annual Big Scrub Day includes a range of fun activities for all ages this Saturday and Sunday, 14-15 October.

Get out in nature and explore our local native treasures – there is lots to see and experience. Activities are:

## Saturday, 14 October

### RAINFOREST IDENTIFICATION WALK

Walk through a rainforest arboretum guided by local ecologists followed by afternoon tea. You will find a wide range of labelled rainforest species from the Richmond, Brunswick and Tweed River catchments including a number of rare and threatened species.

1pm-4pm, Heritage Park, Mullumbimby. Free event with afternoon tea by gold coin donation. Walks leave 1pm, 2pm and 3pm. Email Alison with preference of time at [alison.ratcliffe@byron.nsw.gov.au](mailto:alison.ratcliffe@byron.nsw.gov.au).

### COMMUNITY PLANTING & PICNIC

Celebrate Big Scrub Rainforest Day with the Lismore Landcare Alliance. Come along for a community tree planting and picnic with music, art and conversation in the Banyam Baigham Wetlands.

11am-2pm, Banyam Baigham Wetlands, Bridge Street, North Lismore. Free event, BYO picnic.

### MOUNTAIN BIKE TOUR

Ride through the World Heritage-listed Nightcap National Park, explore ancient subtropical rainforest and take in the spectacular Minyon Falls. Full day tour caters for all levels of fitness and includes transport, lunch, snacks, entry fees, water bottle and instruction by experienced guides.

10am, Nightcap National Park. \$109 adult, \$89 children. Bookings essential to 0429 122 504.

### NIGHT VISION WALK

Explore the Big Scrub rainforest at night, searching for nocturnal wildlife using military-grade night vision goggles.

After dark, Rummery Park, Nightcap National Park. \$50 adult, \$40 student/pensioner, \$30 child. Bookings essential to 0405 275 743.

## Sunday, 15 October

### WALK, PLANT, DISCOVER & PLAY

Discover the Big Scrub in your backyard, and explore the wonders of Tucki Tucki Creek. Bring the whole family for a short walk, plant a tree, listen out for frogs, make butterfly craft, dip net for water bugs, assemble a nesting box, watch out for wildlife and learn from the Landcarers. Bring a picnic and stay a while, or continue on for a longer walk along this urban corridor.

9am-12pm (tree planting 9am-11am), Richmond Birdwing Butterfly Gully, corner of Kadina Street and Oliver Avenue, Goonellabah. Free event.

### BUSHWALK TO 3 WATERFALLS

Join the Northern Rivers Bushwalkers Club on a walk to the three waterfalls in the lower Nightcap National Park and Whian Whian State Conservation Area: Minyon, Quondong and Boomerang.

9am sharp to approximately 3pm, Nightcap National Park. Bookings to Shane on 0427 557 823.

### COMMUNITY BIG SCRUB PLANTING

Bring the family and help restore the Big Scrub by assisting to plant 1000 rainforest trees around Emigrant Creek Dam to protect water quality.

9am-12pm, Emigrant Creek Dam, Brooklet. Free event, lunch provided.



Big Scrub Landcare PRESENTS

the big

14 - 15 OCT 2017

RAINFOREST DAY

19TH ANNUAL

scrub

www.bigscrubrainforest.org

PRESENTED BY

Big Scrub Landcare

IN ASSOCIATION WITH

ROUS RAINFEST SOCIETY

SUPPORTED BY

NSW GOVERNMENT

Brooklet

STATE WOOD

Lismore

rainforest ESCUE

For info and bookings visit  
[www.bigscrubrainforest.org.au](http://www.bigscrubrainforest.org.au).

# FEEL BLUE TOUCH GREEN... USING NATURE FOR BETTER MENTAL HEALTH

Council will launch a new project, Feel Blue Touch Green, at the Mental Health Month Expo at Lismore City Hall on Friday, 20 October.

The project encourages people to take a walk in Lismore's urban reserves and reconnect to nature as the mental health benefits of the great outdoors are well documented.

Studies show that being in nature allows the mind to let go of everyday worries, reduces stress and calms nerves. Add a walk and you'll get the benefit of exercise with some fresh air and the chance to spot some local wildlife.

"Children also benefit from time in nature where their imaginations can run wild and they learn resilience and self-regulation," Environmental Strategies Officer Vanessa Tallon said.

"You don't need to walk or drive very far to experience one of Lismore's natural treasures. There's a range of parks and reserves that offer beautiful scenes and peaceful walks."

Through the Biodiversity Management Strategy, Council is funding improvements to our urban green reserves (more walking tracks and increased ecosystem restoration) and would like to see the community using and enjoying these precious areas.

The Mental Health Month Expo at City Hall provides the perfect platform for Council to launch Feel Blue Touch Green, and encourage people to use the natural resources around us as a way to manage the stresses of everyday life.

The Mental Health Month Expo is a celebration of hope and recovery for people with a lived experience of mental health issues and their families and carers.

The day will include theatre performances by Byron Youth Theatre, Playback Theatre, art exhibitions, food and information.

The event will begin with a breakfast for peer workers and interested community members with special guest Fay Jackson, a peer worker herself and the NSW Deputy Mental Health Commissioner.

Other speakers include Wellways CEO Liz Crowther as well as other leaders in the mental health sector in our community.

The day runs from 10am to 3pm at Lismore City Hall and entry is free. If you'd like to join the peer breakfast from 8am, register with Leisa Hoffmann at [lhoffmann@wellways.org](mailto:lhoffmann@wellways.org).

*\* Feel Blue Touch Green will include the installation of signage to promote Council walking tracks and reserves as well as brochures on the benefits of nature and what tracks and reserves you can explore in Lismore. The Wilsons Walking Track is a new trail running from Robinson's Lookout down to Albert Park and will soon be open for people to enjoy. You can enter via Robinson's Lookout, Amaroo Place in East Lismore or Keen Street.*

# BEING WATER WISE ALL YEAR ROUND SAVES MONEY AND THE ENVIRONMENT

The recent rain in the Northern Rivers was very welcome, but the reality is that being water wise all year round is important.

Before last week's rain, Rocky Creek Dam had fallen to 88% and Rous County Council had begun encouraging residents to adopt their Everyday Water Saving Measures – a voluntary set of rules to help conserve water.

October is National Water Week and it's a good time to remind people to take a look at your daily water consumption and think about how you can save water, save money and conserve a precious resource.

This year's National Water Week theme is 'Water – the Heart of our Culture' and encourages us to consider how water shapes our daily lives, promote conversations about the technologies and the people that keep our taps running, and focus attention on a sustainable water future.

For a bit of fun and to test your knowledge, take our Water Week Quiz to your right, or see below for a list of Rous County Council's Everyday Water Saving Measures.



## EVERYDAY WATER SAVING MEASURES

### OUTDOOR WATERING

Outdoor watering and water use is permitted between 6am and 10am and between 3pm and 10pm.

This applies to all types of sprinklers, watering systems, hand-held hoses, watering cans and buckets, topping up swimming pools and outdoor spas.

### HAND-HELD HOSES

All hand-held hoses should be fitted with an on/off nozzle. Trigger nozzles are preferred.

### CLEANING VEHICLES AND BOATS

Where possible, vehicles and boats should be washed on the lawn or where the water will run off onto the lawn or garden. Hoses should be fitted with an on/off nozzle. Trigger nozzles are preferred.

### DRIVEWAYS, PATHS AND PAVED AREAS

Water should not be used to clean driveways, paths and/or paved areas unless it is necessary as a result of an accident, fire, hazard to health or the environment, or other emergency. High pressure water cleaners using 10L/min or less are recommended.

Rous County Council has rebates of \$1000 available for rainwater tanks, which can provide you with free water all year round and are not affected by water restrictions. Further rebates are also available for people who plumb their tank to their toilet and washing machine.

For more information on water saving measures or rebates, contact Rous County Council on 02 6623 3800 or visit [www.rouswater.nsw.gov.au](http://www.rouswater.nsw.gov.au).

## WATER WEEK QUIZ

1. What is the main source of Lismore's tap water?
2. What action can you take to save water in the garden?
3. What actions can you take to save water in the bathroom?
4. Can residents connected to Lismore tap water get money back when you install a rainwater tank?

### Answers

1. Rocky Creek Dam. 2. Use a nozzle on the end of your garden hose. 3. Have a short shower, use the half-flush button and turn the tap off while brushing your teeth. 4. Yes, contact Rous County Council for rebates (conditions apply).

# FUN AND GAMES GALORE AT 2017 LISMORE SHOW

The 2017 Lismore Show will be held from 19-21 October at Lismore Showground, with three days of fun for the whole family.

This year's theme is 'Celebrating Community Spirit' and there is a huge program of events, from regular Show highlights such as Sideshow Alley and carnival rides to arena entertainment including lawn mower races, Team D-MAX, monster trucks and fireworks.

You will find all the traditional elements of a country show at the North Coast National including prize animal shows and petting zoos, working dog trials, horse and cattle events, woodchop competitions, fine arts and craft displays, car and bike displays and much more.

This year there is also a Great Lego Building Challenge, Ashton's Circus, free kids activities, a community music stage, reptile shows, a rodeo, speedway cars... the list is endless!

**Some highlights you may want to watch out for are:**

- Team D-MAX performances – Thursday 6.30pm and 8pm, main arena.
- Monster Truck Mayhem – Friday 8.30pm, main arena.
- North Coast National Grand Parade – Saturday 1.30pm, main arena.

**Tip for families: Look out for two-for-one ride coupons in *The Northern Star* on 12, 16 and 17 October!**

**For more information and a full program of events, visit [www.northcoastnational.com.au](http://www.northcoastnational.com.au) or find North Coast National on Facebook.**

# MAJOR FLOOD SURVEY HELPS DOCUMENT IMPACT OF DISASTER



It has now been over six months since the Northern Rivers was devastated by flood, and the recovery process is still continuing.

To better understand the impacts of this natural disaster on community wellbeing, the University Centre for Rural Health (UCRH) has now launched a major community survey.

This is part of the broader After the Flood Community Health and Wellbeing Project that is looking at where there are service delivery gaps in our community.

James Bennett-Levy, Professor of Mental Health and Psychological Wellbeing at UCRH, said we have seen a lot of distress and amazing resilience over these last months.

"All of us across the Northern Rivers have been affected in some way. This survey is about finding out how we are doing," he said.

"Just as it is important for business to document the impact of floods on their livelihoods, it is also important to get a snapshot of the mental health and wellbeing of our communities for future planning and to advocate for resources," Professor Bennett-Levy said.

The UCRH says the survey provides an opportunity to turn flood stories into evidence that will help policy makers understand where the gaps in services are, and what works best for community recovery.

This survey is for EVERYONE 16 years and over, whether your home, business or property was flooded or not, across the Lismore, Richmond Valley, Tweed, Ballina, Byron and Kyogle local government areas.

**The survey is available online at [www.ucrh.edu.au](http://www.ucrh.edu.au). Paper surveys are also available at libraries, Lifeline, Red Cross, the Salvation Army and St Vincent de Paul stores, or phone UCRH on 6620 7570.**



# DEVELOPMENT CONSENTS ISSUED

## ENVIRONMENTAL PLANNING AND ASSESSMENT ACT

In accordance with the provisions of Section 101 of the Act and Clause 124 of the EP&A Regulation, notification is given that the undermentioned developments have recently been granted consent.

### DA No.

**15/70-2** 27 Pineapple Road, Goonellabah: Section 96(1A) modification to amend consent condition 2, regarding on-site wastewater treatment.

**16/393** 288 Nimbin Road, Booerie Creek: Change of use of an unauthorised building to a detached dual occupancy.

**17/82** 5 O'Mahoney Drive, Goonellabah: Dwelling with a building line variation of 4.825m to O'Mahoney Drive.

**17/152** 352 Keen Street, East Lismore: Dwelling including replacement of existing retaining wall.

**17/154** 354 Keen Street, East Lismore: Dwelling including replacement of existing retaining wall.

**17/203** 275 Cameron Road, McLeans Ridges: Dwelling.

**17/225** 1/126 Molesworth Street, Lismore: To change the use of the premises to a food and drink premises (café) and to undertake associated fitout works and signage.

**17/235** 47 Just Street, Goonellabah: Dwelling and retaining walls.

**17/238** 24 John O'Neill Circuit, Goonellabah: Dwelling and retaining walls.

**17/245** 131 Cameron Road, Boat Harbour: Dwelling.

**17/247** 345 Mackie Road, Rosebank: Dwelling and inground swimming pool.

**17/259** 9 Funnell Drive, Modanville: Insulated awning over existing second-floor deck.

**17/263** 295 Gungas Road, Nimbin: Inground swimming pool.

**17/265** 20 Meadow Drive, South Lismore: Carport with a building line variation to 0.45m to Meadow Drive.

**17/266** 183 Gungas Road, Nimbin: Inground swimming pool.

**17/268** 13 Casino Street, South Lismore: Installation of four new windows to eastern wall of Southside Pharmacy.

**17/272** 3 Clare Street, Goonellabah: Dwelling addition (carport).

**17/277** 577 Nimbin Road, Blakebrook: Covered deck.

Details of applications and consents, together with conditions attached, may be inspected at Council's Corporate Centre during business hours or via DA Tracking at [www.lismore.nsw.gov.au](http://www.lismore.nsw.gov.au).

## T2017/32: TENDER FOR CIVIL WORKS

Council is inviting submissions from suitably experienced and qualified contractors for the delivery of various civil works projects for the period up to 30 June 2019 with the option of two additional 12-month extensions.

The purpose of this tender is for Council staff to compile a list of 'approved providers' to undertake civil construction works relating to bulk earthworks, road reconstruction, embankment and slope stability, and piling type activities.

The closing date for submissions is 9am on Monday, 6 November.

Interested parties are required to register at Council's eProcurement portal, [www.tenderlink.com/lismore](http://www.tenderlink.com/lismore), to access relevant documents.

Submissions may also be lodged at this site in the electronic tender box.

## Fire ban still in place

Despite some recent rain in the Northern Rivers, the NSW Rural Fire Service has advised that ALL permits to burn are still suspended until further notice. We will advise when the ban is lifted.

More info at [www.rfs.nsw.gov.au](http://www.rfs.nsw.gov.au).



## GSAC AN EASY CHOICE FOR SENIORS AND LITTLE ONES

The Goonellabah Sports & Aquatic Centre (GSAC) is a friendly and easy-going place for seniors looking to increase their exercise and improve their health and wellbeing.

SWITCH gym offers a Freedom Membership for seniors, which includes access to the gym and Group Fitness classes such as Gentle Moves and aqua aerobics.

Even for those who are not very mobile, gentle and regular exercise can have an amazing effect, improving mood and mental clarity, and helping to increase flexibility and range of movement.

“A little exercise can go a long way as the body ages,” Gym Manager Roberta O’Brien said.

“Our Freedom Membership offers an inexpensive way to help keep you healthy and mobile, and our friendly gym trainers are always here for help and support.”

GSAC also recently launched its new PlayZone, which is great for grandparents who want a stress-free and fun environment to spend time with the grandkids.

At PlayZone children play and learn with safe equipment in a stimulating setting, helping them to learn and grow their coordination and gross motor skills. It also encourages teamwork and leadership, and helps kids develop friendships.

PlayZone is the perfect place for grandparents to come with little ones aged from toddlers to primary school age for a fun experience.

GSAC loves to get seniors involved in all sorts of ways, and just recently the team from Swimsations held a special 'Grandparents Week' with free morning tea for any nans and pops that wanted to watch their grandchildren swim.

Lorna Gall came all the way from the Central Coast to see her granddaughter Elka, 3, show off her swimming skills. Elka’s mum Amy Lattimore said she has been with Swimsations since she was just six months old.

“I love the swimming teachers here – they’re consistent, they’re patient and they’re so friendly,” Amy said.

“And the chips are nice!” Lorna laughed.

Whether you are looking to incorporate exercise into your life, or want somewhere to take the grandkids for fun play sessions or swimming lessons, GSAC offers all the services you need.

**Drop into GSAC at 50 Oliver Avenue, Goonellabah, and talk to the friendly reception staff or phone 6625 5370 for more information.**



*Amy Lattimore from Lismore (centre) with her children Hayla (five and a half months) and Elka, 3, dad Greg Gall from Meerschaum Vale and grandmother Lorna Gall from the Central Coast.*

# FORMER CHILD SOLDIER TO PLAY IN REFUGEE SOCCER FRIENDLY

This is a reminder to all community members that the 10th annual African All Stars vs Lismore Legends soccer match is on this Thursday, 12 October.

This year is a special occasion as Lismore welcomes author and 2017 NSW Australian of the Year, Deng Thiak Adut, as a guest player on the night.

Deng is a criminal lawyer from Sydney who was kidnapped from his family in South Sudan at the age of six and forced to become a child soldier until his eventual escape to Australia at the age of 14.

He is in Lismore to give an author talk at City Hall about his book *Songs of a War Boy*, which tells his incredible true story.

Deng will line up alongside local refugees in the African All Stars vs Lismore Legends soccer match, which began in 2007 as a way to build relationships between new refugees and local government employees.

“The idea was to try and ensure refugees felt comfortable accessing essential services and approaching the local council, and the world game seemed the perfect way to build relationships and break down barriers,” General Manager Gary Murphy said.

“It has become an annual tradition and one that is hotly contested. Council has lost three years running and we are determined to reclaim the trophy. We are so honoured to have Deng here to play with us, but it doesn’t mean we will be going easy on the All Stars!”

The match will include a community BBQ by gold coin donation. All proceeds will go to the John Mac Foundation, which was established following the death of Deng’s brother John, who was killed in South Sudan while doing humanitarian aid work in 2014.

The soccer match kicks off at 5.15pm at Richards Oval (next to Lismore Shopping Square) and everyone is welcome.



## MEETINGS AND BRIEFINGS

### COUNCILLOR BRIEFINGS

Councillor briefings are held most Tuesday evenings so staff can provide background on issues or projects and Councillors have a chance to brainstorm and discuss.

On Tuesday, 31 October the agenda includes: Commercial Services overview, major projects update and review of asset management plans. Held in the Council Chambers from 6pm.

### COUNCIL MEETINGS

An extraordinary meeting of Council will be held on Tuesday, 17 October from 6.30pm in the Council Chambers.

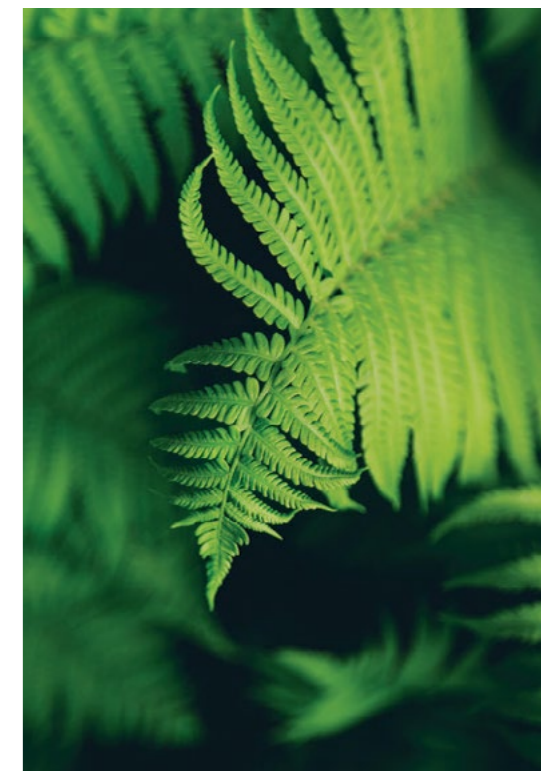
The next ordinary meeting of Council is on Tuesday, 14 November from 6pm in the Council Chambers.

The agenda is placed on the website about one week prior to the meeting and meetings can be live streamed via our 'meeting webcasts' page at [www.lismore.nsw.gov.au](http://www.lismore.nsw.gov.au).

For more information or to book for public access, phone Michella Wade on 1300 87 83 87.

## YOUR COVER

As part of Council’s Biodiversity Management Strategy, a new project called Feel Blue Touch Green is being launched in October. The project is designed to educate and highlight the mental health benefits of connecting to nature, and encourage people to explore Lismore’s many walking tracks and reserves. The project will be launched at the Mental Health Month Expo at Lismore City Hall on Friday, 20 October. The Expo is free and anyone is welcome. See inside for more details.







CONTACT US:  
**1300 87 83 87**

Lismore City Council's Corporate Centre  
is located at 43 Oliver Avenue, Goonellabah.

We are open Monday to Friday from 8.30am to 4.30pm.

Our postal address is PO Box 23A, Lismore NSW 2480.

You can email us at [council@lismore.nsw.gov.au](mailto:council@lismore.nsw.gov.au)



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